

# FUEL YOUR FENIX WITH OGX

The OGX Nutritional Management Program helps you **lose or maintain your weight** and live a healthier lifestyle.



## FENIX™ NUTRITIONAL SHAKE

Provides an optimal balance of protein, fiber, and super nutrients to support weight management and gain lean muscle.

ORGANO

# WEIGHT LOSS PROGRAM AT A GLANCE

2 SHAKES A DAY



BREAKFAST



MID-MORNING



LUNCH



MID-AFTERNOON



DINNER



FENIX™



BLACK COFFEE



GANODERMA LUCIDUM



PRO MEAL



FENIX™



SENSIBLE MEAL



GREEN TEA



PRO MEAL



FENIX™



SENSIBLE MEAL



GREEN TEA

With 2 FENIX Shakes a day, our Ganoderma capsules, and our flavorful coffees and teas you can save money and reach your weight management goals. For recipes, meal plans and more, check out [organogold.com/ogx](https://organogold.com/ogx)

ORGANO

# MAINTENANCE PROGRAM AT A GLANCE

1 SHAKE A DAY



BREAKFAST



MID-MORNING



LUNCH



MID-AFTERNOON



DINNER



FENIX™



BLACK COFFEE



GANODERMA LUCIDUM



PRO MEAL



SENSIBLE MEAL



GREEN TEA



PRO MEAL



GREEN TEA



SENSIBLE MEAL

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